



The Oakenden Buzz



Oakenden State School

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"16 September 2015"

Next Fortnight	Forward Dates
Enjoy your well earned break !	18 Sept Last Day of Term 3
	05 Oct Labour Day Public Holiday
	06 Oct Term 4 Commences
	19 Oct Pupil Free Day
	27 Oct P&C Meeting
	30 Oct World Teacher's Day
	11 Nov Life Ed Visit

Raising the Bar

*Working together
to ensure that
everyday in every
classroom every
student is learning
and achieving.*



Every Day Counts at Oakenden

2014 Attendance
96.63%

Target > 95%

PRINCIPAL NEWS

Hi team,

Term 3 has come and gone all too fast. Thank you to our students for another great term of learning and getting stuck into school life. Thank you to our parents for your continued support. Thank you to our teachers, admin and ground staff who put their best foot forward every day.

MEXICAN RESTAURANT

Students have been working hard on this project and they can now see the light at the end of the tunnel. The restaurant will be open on **Friday, 18th of September from 1:30pm - 2:30pm**. All parents and staff have been invited. The students look forward to seeing you there.

****Please, be understanding with times as we may run over.****

CANELAND EXCURSION

As part of the Mexican Restaurant students will be heading to Canelands on **Thursday, 17th of September from 9am – 12:30pm**. During this visit students will go shopping for all their ingredients and decorations. Also, a big thank you to Woolworths for agreeing to take our students on a 45 minute tour of their supermarket. Students will not only have the opportunity to look at what happens behind the scenes, but also sample some fresh produce and yummy treats. I believe this will be a great experience for the students to see the process of how food gets from the markets to the shelf.

COFFEE VAN

A [study](#) in 2005 showed caffeine could improve short term memory recall. The study didn't use coffee per se, but caffeine tablets, which isolates only one of the complex chemicals in coffee. As long as you aren't drinking decaf (I'm going to cover that topic as well), coffee ought to improve your mental skills before a test or job interview.

With that being said, there will be a coffee van regularly visiting Oakenden SS on Wednesdays, 12:30pm. If you are interested please come down and help support a local business, while increasing your short term memory. Also, the coffee van has slushes available for the students to purchase.

SCHOOL SWIMMING

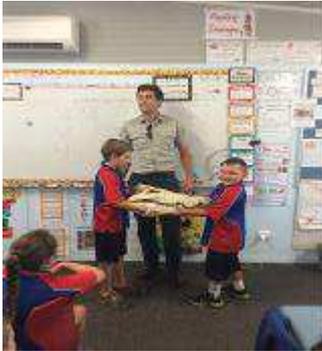
This will be a 9 week program beginning on Friday October 6th and continuing until the second last week of term. Thanks to a government grant, the generosity of the P & C and of transporting parents, there is no cost associated with this activity. Students will need to come to school in uniform on these days bringing with them swimming togs, a towel, goggles, a cap (if hair is long) and slip on shoes (thongs or sandals). The children will put their togs under their uniforms just before we leave. Thank you to all parents who volunteered to transport our students. Please fill in the medical & permission slip for swimming.

"Educating the Whole Child in Preparation for the Future"

"16 September 2015"

IN THE CLASSROOM

Oakenden SS had a special visit from a Mackay ranger last week! Thank you to Ranger Christen for stopping by and sharing his knowledge about our Australian wildlife.



Year 3-6 students have been working hard, creating stop animations during art. Check out this cool animations on our school's facebook page.



SCHOOL LIFE

Australian Government has launched new website: Learning Potential for parents.

<http://www.learningpotential.gov.au/>

This website has really useful information about schooling for parents. The site is easy to navigate and is informative about schooling and a parent's impact on learning.

MIDNIGHT

I wake up in a place not many people would call home. I was in a forest. My teeth were aching. Lying next to me was a man who was covered in blood. So was I. I look around. No one else was there. Then it occurred to me that this was the second time this has happened to me and I was the one who caused this. Apparently there has been reports of creatures in the forest. Was I one of the terrifying creatures? I tried to get up, but I couldn't. "Hello! Hello!" My voice was loud and clear but still couldn't move. Then out of the corner of my eye I saw movement in the bushes. Emerging from the bushes came a soldier in grey armour.

"Don't be scared," his voice sounded gruff and dark, "I'm here to help you." I did not trust him and pretended I couldn't speak. I saw more movement and thought that he might have an army of soldiers with him. The man had a watch on. I saw it was again nearly midnight. The man close to me that was covered in blood started to shake. His skin started to get covered with fur, his eyes started to get glassy and grey, his small human nose turned into a dog shaped snout, his shoes broke and his feet turned into claws. Then he grew taller and taller. I realised this was happening to me as well. Then my mind goes blank and I forget everything that happened. I was the freaky, hairy, scary creature. I was the werewolf. By Abby Matsen

STUDENTS OF THE WEEK

Last Fortnight's Achievers



Student Of The Week

is awarded to
Qwayla Hine

For

Working hard in all areas of school
life.



Total Grit Award

is awarded to
Harley McSweeney

For

Grit is the ability to accept challenges
and persist mentally and physically to
achieve goals & success.



Bookwork Award

is awarded to
Abby Matsen

For

Exceptional bookwork and
dedication to Oakenden SS's
Bookwork Policy.

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Sporting Schools



SCHOOL RULES

Our school rules have been created collaboratively by the students and staff. They are simple enough to be remembered by the youngest student, positive and proactive.

Oakenden State School Code of Behaviour
The OK Way: Making positive behaviour choices every day.

Safe choices

• Behave safely by sitting, moving, dressing and playing in ways that respect your safety and that of others.

Fair choices

• Behave fairly by displaying good manners and sportsmanship. Respect the property of others and their right to participate in class and in the playground.

Smart choices

• Behave cleverly by coming to school properly

COMMUNITY NEWS

Get your Family Active and Eating Well



Families in Mackay can now sign up the free healthy lifestyle program called PEACH™ - Parenting, Eating and Activity for Child Health. Registrations are open for a new group to commence in term 4, 2015.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of everyday life. It is available to families with a child aged between 5-11 years who is above a healthy weight their age and consists of 10 group sessions that run for 90 minutes each.

Topics covered include nutrition skills, reducing screen time and being more active as a family. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

What: PEACH (Parenting, Eating and Activity for Child Health) program

When: Term 4, Thursdays 4.30-6pm (weekly)

Where: Emmanuel Catholic Primary School

Cost: FREE

The program is funded by the Queensland government and being delivered state-wide by the Queensland University of Technology.

If you would like more information about the PEACH™ program or to register please contact free call 1800 263 519 or visit www.peachqld.com.au

Surf Safe Appeal 2015

Please support our Surf Lifesavers during the 2015 Surf Safe Appeal.

Volunteer to collect for the Mackay Surf Lifesaving Club and participate in the Annual Dear Knack event.



Surf Life Saving Queensland (SLSQ) is the state's peak beach safety and rescue authority and one of the largest volunteer-based community service organisations in Australia. As a charity and a not-for-profit organisation, SLSQ relies heavily on community support and public donations to enable our members to work towards protecting our beaches and saving lives.

The Mackay Surf Lifesaving Club has been patrolling Mackay beaches since 1948. Its primary purpose is to provide access to safe bathing for the public of Mackay. With that purpose in mind Mackay Surf Lifesaving Club members provide volunteer beach patrols on weekends and public holidays for the months of September - April each year at Mackay Harbour Beach. Mackay Surf Lifesaving Club is also a recognised emergency service provider which is on standby during all natural disasters and threats in order to provide assistance to the community.

This year Mackay Surf Lifesaving Club needs your help. Our largest fundraising initiative is the annual Surf Safe Appeal and Dear Knack, which will take part from Monday the 31st of August through until Sunday the 13th September, and we are in search of volunteers to collect on our behalf. Are you able to spare some time to help us raise vital funds, or are willing to collect in your street? The Mackay Surf Club will supply you with a collection kit that contains the necessary permits, identification and official receipts for you to collect on our behalf along with a certificate of thanks for your support. Collecting can be done any day during the appeal period, so why not get together with a group of friends and support your local surf club. Your assistance with the appeal will help us ensure our lifesavers have the necessary equipment training and resources to watch over and protect our local beaches.

For further information or to register for the collection please contact Mackay Surf Lifesaving Club on 4955 5630 or our Surf Safe Appeal Coordinator Kaiten on 0407708165.

All volunteers under the age of 25 must collect with an adult and have written permission from a parent or guardian.



"16 September 2015"

Win a \$25,000 Kitchen Kart for your school!



Hurry entries close Friday 25th September 2015.

Why is it important for children to have access to cooking facilities at their school?

Research shows children who help prepare meals **eat significantly more vegetables** than those who are not involved in cooking. **Get Kids Cooking** have partnered with Nestlé Healthy Active Kids and AIS to give parents and carers the opportunity to nominate their child's school to win a **Kitchen Kart valued at \$25,000**. The winning entry also receives **\$1000 cash** to go towards keeping their family healthy and active! **Simply send a note home asking parents and careers to visit the Healthy Active Kids website to enter.**

https://www.nestle.au.simplicitycrm.com/editors/content.aspx?config=HAK_KCComp_Aug15

THIS SCHOOL IS PROTECTED BY

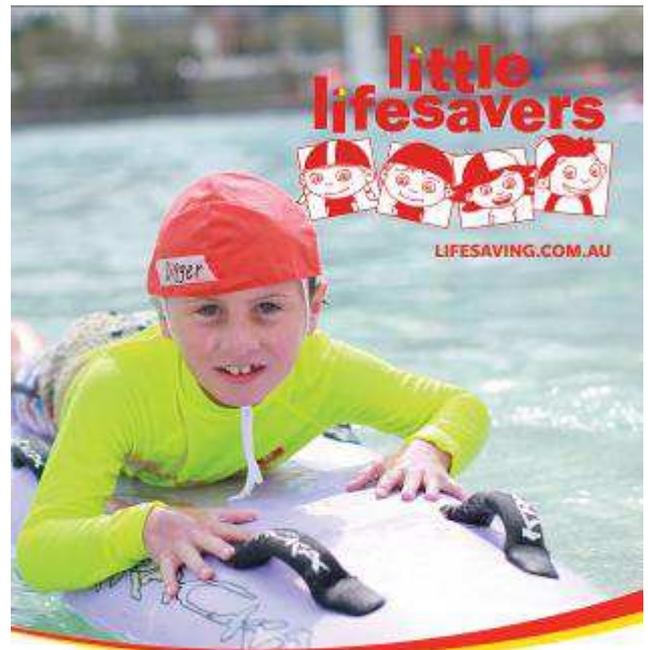
LOOK LISTEN REPORT

13 17 88

or phone your local police

SCHOOL HOLIDAYS

With School holidays only a few days away, I call on the families and community of our small country school to keep a watchful eye open to any suspicious activity and report anything you see to the School Watch phone number on **13 17 88**.



BLUEWATER LAGOON, MACKAY

• 21 - 25 September 2015 (no Wednesdays)
• 28 - 22 January 2016 (no Wednesdays)
8am - 10am
\$50 per participant (includes water safety test, 65% water bottle and showering bag)

For more information
or to book your school visit lifesavers.com.au
p: 0755953400 or lifesaving@lifesaving.com.au
p: (07) 5474 1805



JUSTICE CREW DANCE WORKSHOP

LEARN HOW TO DANCE LIKE JUSTICE CREW

WITH **SAMSON**

53

WEDNESDAY 30 SEPTEMBER

STUDIO 53 - 53 GREGORY ST, MACKAY

9:00AM - 10:30AM (9 YRS UNDER) 10:30AM - 12 PM (10YRS - 14YRS)
12:00 PM - 1:30 PM (15YRS - OPENS) COST \$25

INFO & BOOKINGS : NIKKI.HUGHES@MACKAY.QLD.GOV.AU OR 49619436